

Tips and Tricks April 14th 2020

Today as Toastmasters, the question is, how can we speak effectively in front of a screen?

We need to adapt, if we want to succeed.

Here are some practical tips to improve your public speaking skills in front of a camera:

- Find your camera on your computer or tablet and remember to speak to it because the camera is your audience! You can put a sticker as a reminder to keep eye contact with it!
- As a speaker, put the Timer picture in big on your device to keep up with time!
- Stay in the frame and keep a little window of yourself to check your movements and your body language at anytime!
- Feel free to stand up and to use props during your speech.
- The sound is different at distance so do not go too far from your camera and articulate.
- Be careful of your background, keep it clean and simple or change it with a picture saved on your screen.
- If you are not speaking, turn off your micro, stay concentrated and listen respectfully as if you were in the usual session room! Also, don't move around too much because you will distract your speakers!

Thank You, Vice President of Education, Nathalie